



Local support food/hot meals

EMS (Charity-Environmental & Management Solutions) Tel 01482 709810 – Main Building based at Freedom Centre, Preston Road. Need to register to access this service

Provide a meal to feed 4 for £2, the meals are refrigerated/frozen & can be warmed up in a microwave or oven. These can be picked up from “Community Fridges” [Preston Road, Acorns Bilton Grange, North Bransholme, Hessle Road Massey Street, Marfleet children’s Centre.](#)

Fridges stocked: Tuesday – Friday

You need to fill out application form to access this service – you can then get a ‘membership

Hull Community Shop – Preston Road Freedom Centre

The HCS operates in two ways:

Residents can sign up for the HCS via a means tested membership process. HCS members then have access to all of the produce (fresh, frozen and chilled) that is available in the shop for a donation. In addition, on a weekly basis members have the option to collect up to four tins and four packet goods for £2. **Need to register within the shop yourself**

Any resident can come into the shop and purchase the food that is available on the green shelves. This includes any produce in the fridge or freezer for a non-specified donation. **No need to register**

Fare share Fridays – Octagon/Goodwin Centre. No need to register just turn up.

This service is run Fridays only 11.30am – 1.30pm at the café 1st floor.

You can get a hot meal & you make a donation to the service on the day.

The Pantry - Goodwin Building Anlaby Road Tel 485958 **You need to register at the shop on the day.** Friday 10am – 2pm (get there early!) To access this service you will need: Photographic ID & proof of benefits, you register at The Pantry & staff will support with other services if needed. For £3 you will get to choose 10 items from the shop.

Additional support to local services to your school Schools please insert services that know of in your area, it may be useful to give phone numbers & contact details adding Citizens advice to the useful numbers.

- Local children’s centers
- Local churches – Some offer support with food bags

Food banks Various locations in the city. Parents need to have a “voucher” these can be obtained from social care, citizens advice, health visitors. These are located at Jubilee Central, Waltham Street, Ings Resource Centre, Savoy Road & St Martin's Church, North Road